



# Volunteer Counsellor

Bluebell Perinatal Service

Tom Allan Centre, 23 Elmbank Street,  
Glasgow G2 4PB

Created: September

## Why volunteer with us?

Our Perinatal Service supports those struggling with the impact of perinatal difficulties (PND). Our counsellors use their unique skills and expertise to enable their clients to explore their difficulties and support them to get to where they want to be. Our post-graduate level trained / training counsellors are part of a lively, experienced and committed therapy team.

## Role Description

Volunteer Counsellor

## Main Tasks

- Provide regular, confidential counselling to clients within our Perinatal Service
- Ensure all client files accurately updated
- Work within professional codes of Ethics and Practice in Counselling and Psychotherapy
- Adhere to Service Guidelines for Good Practice
- Meet your professional body's supervision requirements
- Provide name and contact details of your individual external supervisor
- Prepare for, attend and actively participate in monthly Bluebell supervision
- Attend CPD sessions
- Communicate clearly with the team
- Contribute to team meetings, when necessary

## Time commitment

It is expected that you will see a minimum of 3 clients if working before 6pm or 2 clients from 6pm onwards.

A minimum of two years voluntary service is expected (students two years after receiving qualification) with pathway to FastTrack paid work.

## Required skills, qualifications and experience

Volunteer Counsellors must be post-graduate level trained or in training and eligible for Membership of recognised counselling/psychotherapy body.

## Recruitment process

- **Application:** Your application will be screened and you will be advised if you are to be invited for interview. Please note, students need course fitness to practice certificate.
- **Interview:** You will be advised if you have been successful at interview, normally within a week of interview date. If successful at interview you will be invited to *Understanding Perinatal Mood Disorders* training session.
- After completing the **Understanding Perinatal Mood Disorders** Training Session, you will be invited to our **Perinatal Practitioner Training**. Once any outstanding paper work (including PVG) is complete, you will be part of the team and begin counselling.

## Induction and supervision

- **Training and Support:** Understanding Perinatal Mood Disorders Training; Perinatal Practitioner Training and access to CrossReach Counselling CPD courses.
- **Expenses:** Reasonable travel expenses will be reimbursed for qualified volunteer counsellors.
- **Supervision:** Monthly Bluebell Perinatal Supervision

## Mission Statement

Just as we work with clients of all faiths or none, we welcome service volunteers from all walks of life. We do ask that our service volunteers are in sympathy with our Christian ethos and values, but they are not required to share our faith. Our Mission Statement is:

*"In Christ's name we seek to retain and regain the highest quality of life which each individual is capable of experiencing at any given time."*

## Are you interested in this role?

If you would like to know more about this opportunity, please contact the Deputy Manager, Christina Smiley:

**Email:** [Bluebell@crossreach.org.uk](mailto:Bluebell@crossreach.org.uk)

You can download a copy of our Volunteer Handbook via our website:

<http://www.crossreach.org.uk/volunteer-our-services>

**Website:** <http://www.crossreach.org.uk/bluebell-pnd-service-0>

**Facebook:** <https://www.facebook.com/CrossReachVolunteer/>

**Social Media:** #CrossReachVolunteer



The Church of Scotland

Social Care Council

Operating as CrossReach, Scottish Charity No: SC011353