



the **talking**rooms

Counselling, CBT & Psychotherapy



Job Description & Specification

The Talking Rooms

14 Stroud Road, East Kilbride, Glasgow, G74 0YA

T. 0141 459 0011 | E. info@thetalkingrooms.com

JOB DESCRIPTION

1. JOB IDENTIFICATION

Job Title:	Counselling Psychotherapist
Responsible to (insert job title):	Team Leader
	Self Employed Up to 35 Hours p/w
Department(s):	
Salary Grade:	£30,000 - 39,000 Pro Rata <i>Placement subject to experience / accreditation status</i>

2. JOB PURPOSE

The role of counselling psychotherapist is to be responsible for the delivery and evaluation of high quality holistic therapeutic counselling and interventions within The Talking Rooms agreed service delivery framework and in line with BACP/BABCP (or equivalent) ethical frameworks and codes of practice. In person and online.

3. The Talking Rooms Vision and Values

Vision

Young people are the future, we must offer them real time opportunities to access and understand themselves, others and the world. Our vision is to help EVERY YOUNG PERSON who needs support in Scotland, as well as supporting the people who support young people.

Values

- Connection: Everything starts with belonging; we build trust, safety and rapport.
- Integrity: Doing the right thing for young people, with respect and confidentiality at the heart.
- Empathy: Never judging, always actively listening and walking along side our clients.
- Informed: Working for the good of a young persons needs, being flexible to what is needed.

4. Roles and Responsibilities

1. Providing and evaluating high quality holistic counselling and therapeutic intervention services to clients within The Talking Rooms service delivery framework.
2. Utilisation of all therapeutic skills and evidence based interventions for young people.
3. Developing and managing a caseload of individual therapeutic work in line with organisational service models and requirements: Long to short term, one to one, group, assembly delivery, teacher training, assessment to treatment, engagements with support teams in school and also other agencies and families where required.
4. Supporting clients to set and achieve identified goals, positive outcomes and assessing and demonstrating progress to ensure timely completion of treatment.
5. Accurate and timely completion of all client paperwork/records, business information system entries, diaries and statistical information to support therapeutic practice, the evaluation processes of the service and the administrative requirements of the organisation.
6. Working to BABCP/BACP/COSCA and/or other relevant therapeutic bodies, Standards and Ethical Frameworks
7. Maintaining own professional standards and accreditations, including CPD and any other requirements
8. Developing and maintaining positive working relationships with our clients, our partners, and with staff and service users in other agencies, positively and proactively representing The Talking Rooms at all times

4. Roles and Responsibilities

9. Attending and fully participating in team meetings, team training/CPD, clinical supervision and performance reviews.
10. Adhering to The Talking Rooms policies and procedures, and in particular Child Protection, Confidentiality and Vulnerable Adults, at all times.
11. Achievement of relevant KPIs and objectives defined as appropriate to the role, and proactively participating in the Company's annual appraisal process.
12. Performing other related duties as required and/or assigned by a line or senior manager.
13. Attending and fully participating in team meetings, team training/CPD, clinical supervision and performance

Benefits of working with The Talking Rooms

We believe that your work should be well rewarded.

We ensure all of our staff are engaged and present and offered a supportive team who regularly connect as a group. All staff members are supported with CPD, clinical supervision and to create opportunities within the group for their own growth and development.

JOB DESCRIPTION

Person Specification

Post Title: Counselling Psychotherapist

Selection Factors (Person Specification)		Criteria
QUALIFICATIONS & TRAINING	Essential	<ul style="list-style-type: none"> • Minimum of Degree or Post Graduate Diploma in Counselling and or an evidence based Psychotherapy SQA Level 10 or above, • A member of BACP/BABCP/COSCA • BACP Accredited or committed to an agreed plan for achieving it within 3-5 years of qualifying
	Desirable	<ul style="list-style-type: none"> • Qualification / accreditation in a range of other therapeutic practices, preferably Cognitive Behavioural Therapy.
EXPERIENCE	Essential	<ul style="list-style-type: none"> • Experience delivering counselling on a on a 1-1 basis to adults and/or young people with complex needs
	Desirable	<ul style="list-style-type: none"> • Experience of delivering group work and / or training sessions to varying client groups • Experience delivering counselling via a range of digital platforms including telephone and online (video conferencing/Skype and online)
KNOWLEDGE	Essential	<ul style="list-style-type: none"> • Experience delivering group work and training e.g. broader population work or other relevant training to adults with complex needs
	Desirable	<p>Sound knowledge of:</p> <ul style="list-style-type: none"> • BACP Code of Practice and ethical guidelines • relevant legislation e.g. vulnerable adult, child protection, confidentiality • impact of health inequalities on stress and mental health • the social model of health and holistic, asset based therapeutic approach • the importance of partnership working
COMPETENCIES & SKILLS	Essential	<ul style="list-style-type: none"> • Awareness of recent policy documents and current frameworks relating to mental health and wider deprivation • Proficient IT skills and knowledge of Microsoft packages in particular MS Word and Outlook
	Desirable	<ul style="list-style-type: none"> • Coaching and mentoring skills
PERSONAL CHARACTERISTICS AND OTHER	Essential	<ul style="list-style-type: none"> • High level of intra and inter personal skills • Ability to achieve and evidence positive client outcomes • Strong verbal and written communication skills • Diplomacy and negotiation skills • Able to build effective and engaging relationships • Ability to respond constructively to change • Resilient • Reliable • Collaborative • Solution focussed • Flexibility of approach • Current driving licence and access to own vehicle