

Convener:
Bill Steele

Chief Executive Officer
Secretary of the Social Care Council:
Vivienne Dickenson

CROSSREACH
Care you can put your faith in

CrossReach Counselling and Recovery Volunteer Counsellor Opportunity

Our Counselling & Recovery team provide support to those over the age of 16 who are affected by their own or someone else's past/present drug use. The team is developing a blended model of face to face and online support which includes Individual Counselling, Group work (for those living with depression) and 30minute focussed sessions known as Managing Thoughts Feelings and Behaviours which use tools to explore issues that may be affecting clients' daily lives.

Individual Counselling provides a space for a client to explore their thoughts and feelings surrounding the way their life is affected by their or another's drug use; as well as concerns related to factors such as relationships, loss, anger, stress, guilt, shame, self-esteem, fear, anxiety, understanding addiction and drugs.

Counselling at the moment is offered on a fixed term basis and clients are offered 12 weeks 1:1 counselling.

Counsellors bring knowledge of substance use and addiction to their work and share a client-focused approach. Counsellors are trained in a variety of counselling approaches.

Volunteer Counsellor Role

Required skills, qualifications and experience:

- Qualified, COSCA/BACP registered counsellor or student counsellors on a COSCA/BACP registered Diploma course
- Previous experience of working with trauma and addiction preferred
- Already obtained a minimum of 50+ hours of supervised clinical practice

Time Commitment

- Counselling appointments are currently taking place Monday – Friday, throughout the working day. There is a possibility that we may be able to offer early evening appointments at some stage in 2022/23.
- Volunteers will be asked to see 3 clients per week
- Commitment length will be explored in the interview

For more information and to apply please visit www.crossreach.org.uk/support-us/volunteer clearly stating your qualifications and experience in your application

Interview dates: [Tuesday 20th September \(am\)](#) or [Monday 26th September 2022 \(afternoon\)](#)



The Church of Scotland
Social Care Council

Operating as CrossReach, Scottish Charity No: SC011353

Charis House, 47 Milton Road East, Edinburgh, EH15 2SR
Tel: 0131 657 2000: Fax: 0131 657 5000

www.crossreach.org.uk