

## CrossReach Counselling Scotland

# COSCA Supervision Course 2026



## The Course

Written by COSCA, this is a two part student-centred, experiential course. There is an interactive mix of skills, training and practice, small group work, tutor input and large group discussion with a focus on increasing supervision knowledge, skills, personal growth and self-awareness.

Two levels of certification are offered:

- **COSCA Certificate in Counselling Supervision Skill**

Participants require, the COSCA Counselling Skills Certificate (or equivalent) with a minimum of 2 years, or 450 hours in practice.

This course consists of twelve taught units, giving practitioners an in-depth understanding of supervision and how to use it effectively. These units cover elements of theory, including unconscious processes; supervision skills, including creative practice; professional development and ethical practice.

The Certificate can be completed in its own right or used as the first step in gaining the Certificate in Counselling Supervision

Assessment includes: 100% attendance of the training units; a Supervisor Information Form; Observation of the Supervisor Essential Skills; a transcript of ten minutes of supervision with analysis and conclusion.

On successful completion, this certificate enables practitioners to provide supervision to users of counselling skills. This course is equivalent to 10 credits at SCQF Level 9.

## ● COSCA Certificate in Counselling Supervision

Participants require a Diploma in Counselling (or equivalent) and substantial counselling experience. This part of the course, which is in addition to the Skills Certificate, involves supervisory work. You must be in a position to supervise at least two counsellors/counselling skills users and submit a 2000- 2500 word case study based on your work as a supervisor. Participants are responsible for finding their own supervisees and their own supervisor, in accordance with the COSCA criteria.

Assessment includes; 2000-3000 word case study; a Supervisor Report Form; a Supervision Log of clients seen. All must be completed within 12 months of completing the taught course.

On successful completion, this certificate enables practitioners to provide professional counsellors with individual supervision. This course is equivalent to 10 credits at SCQF Level 9.

### The Trainers

This programme is coordinated and facilitated by COSCA-accredited trainers.

#### Lisa McGilvray

An experienced and qualified supervisor and COSCA accredited trainer with 30 years experience working in training.

#### Birgit Schroeter

An experienced and qualified supervisor, COSCA accredited trainer and Teaching Fellow at Strathclyde University.

### The Venue

This course will be delivered from the Tom Allan Centre, based in Glasgow's city centre.

### The Cost

Priced at £750 per person. A deposit of £150 is required to secure a place on this course. The balance is payable by the beginning of the course. Payment by bank transfer (details provided on invoice).



### The Dates

May

1st May – 29th May 2026  
Followed by a four-week break  
Final session: 26th June

To apply for the May course, please click or scan the QR Code



September

25th September – 23rd October 2026  
Followed by a four-week break  
Final session: 20th November

To apply for the September course, please click or scan the QR Code



To apply you'll also need to email a copy of your CV and Certificate in Counselling Skills / Diploma in Counselling. An interview may be requested at the discretion of the lead trainer.



The Church of Scotland  
Social Care Council

Operating as CrossReach, Scottish Charity No: SC011353

### For more information

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